



Potpourri

GFWC Illinois Antioch Woman's Club Newsletter
April 2018

Antioch Woman's Club is proud to be part of the General Federation of Women's Clubs, which is one of the world's largest and oldest volunteer community service organizations with more than 100,000 members worldwide. Founded in 1890, the G.F.W.C. is headquartered in Washington, D.C.

Club Officers

Lynne Fletcher, President
Barbara Mitzel, President-Elect
Norma Lucansky, Vice-President
Pat Martin, Recording Secretary
Nancy Rentner, Corr.Secretary
Carolyn Van Patten, Treasurer
Nancy Zitkus, Parliamentary Advisor

Jane Fraser, Newsletter Editor
Cindy Erexson, Website Administrator

For information about **membership**,
Contact....

Karen Batterman
847-838-2115
karenbatterman@gmail.com

Or write to.....

Antioch Woman's Club
PO Box 282
Antioch IL 60002Re

Website:

GFWCantiochwomansclub.com



Upcoming Events

April 9
April 11

Board Meeting 10 AM at Heartland Bank
General Meeting 11:30
Program: Sandi the Singer
Collection: Pennies for Art
Open Arms: Nonperishable items
Safe Place: Target/Wal-Mart gift cards
Education: labels

April 23
April 25

Veterans: Stamps and coupons
Heifer International: Birthday box
Recycling: Regular items
Quilting 9 AM at Meeting House
10th District 10 AM Registration, 10:30
meeting, Lunch to follow. Hawthorn
Woods CC, 1 Tourament Dr North,
Hawthorn Woods

April 26
April 27
May 7
May 9

Book Club—noon—Senior Center
Student Art Show 7 PM
Board Meeting 10 AM at Heartland Bank
Spring Luncheon Parkway By The Lake
25212 W. Lake Shore Drive
Ingleside, IL. 60041
Social Hour 11 AM Plated Lunch Noon
Collection:

June 13

Education: Labels
Veterans: Stamps and coupons
Heifer International: Birthday box
Recycling: regular items
Thank You Luncheon at Lehmann
Mansion followed by Bingo. Details to
follow.

The GFWC Illinois Antioch **Woman's Club** meets on
the **second Wednesday of every month from Sept-May**
at **11:30 AM** at the

Faith Evangelical Lutheran Church
24300 W. Grass Lake Rd. Antioch, IL. 60002
847-395-1660

TYPE-ITALY-ANTIOCH TRA



President's Corner

Lynne Fletcher

Too many to thank, too many to remember in fond memory. Thank you each and every one of you for making my Presidency one that everyone will remember and for all the

wonderful things we accomplished.

I leave you with **Mother Teresa's *Anyway Poem***

People are often unreasonable, illogical and self-centered; **forgive them anyway.**

If you are kind, people may accuse you of selfish, ulterior motives; **be kind anyway.**

If you are successful, you will win some false friends and some true enemies; **succeed anyway.**

If you are honest and frank, people may cheat you; **be honest and frank anyway.**

What you spend years building, someone could destroy overnight; **build anyway.**

If you find serenity and happiness, they may be jealous; **be happy anyway.**

The good you do today, people will often forget tomorrow; **do good anyway.**

Give the world the best you have, and it may never be enough; **give the world the best you've got anyway.**

You see, in the final analysis, it is between you and your God; **it was never between you and them anyway.**

GFWC Illinois has launched a new website.
gfwcillinois.org

It is my understanding that there is a lot of confusion about grant writing. It is so much more than applying to GFWC for money. It encompasses all aspects of grant applications and processes to foundations, corporations, state, federal and private entities to name some of the places we'll be looking for grant money. Ask me for more information.

Light, love and laughter,
Lynne



Membership/ Mentoring Program

Karen Batterman

Member Status

Now is a good time to consider your member status. A member who is in good standing for five years and age 75+, or who experiences major illness or other extenuating circumstances, may be granted an Active Honorary or Honorary Membership upon the written request of said member and the approval of the Board of Directors. *(If you qualify and want to change your status, please email me prior to May 7 so I can present your request at the Board Meeting.)*

Active members pay dues consisting of the International, District, and State fees plus \$25 to our Club and are eligible to vote, hold office and serve as committee chairs. Active members are expected to serve on committees, volunteer a minimum of ten hours each year at Club-sponsored events and serve on one monthly hostess committee.

Active Honorary members pay dues consisting of the International, District, and State fees plus \$25 to our Club and are eligible to vote but not to hold office or serve as committee chairs. Active Honorary members may, as they are able, serve on committees, devote hours to volunteer work, and serve on a monthly hostess committee.

Honorary members are exempt from paying dues but are not eligible to vote, hold office or serve as committee chairs. Honorary members may, as they are able, serve on committees, devote hours to volunteer work, and serve on a monthly hostess committee.

Also, let me know if there are any changes to your personal information on the current roster. Give treasurer, Carolyn Van Patten, your dues by June 1 so you are included in the **2018-2019 Yearbook**.

Update Your Roster – make the following changes in your 2017-2018 Yearbook

Add New Members:

Marko, Michele (Sponsor Patricia Budnick)
25185 Hawthorne Ave
Antioch IL 60002
847-838-1615
Michele.Marko@Yahoo.com

Frydrychowicz, Pat (Sponsor Barb Petersen)
38661 N Drexel Blvd
Antioch IL 60002
847-395-6721
PatFry@Hotmail.com

Galster, Toni (Sponsor Sheila Eisen)
4710 Howard St
McHenry IL 60051
847-533-1193
ToniG716@Gmail.com

New address/name

Haselow, Andrea (was Macek)
417 Hubbard Ln
Lake Villa IL 60046

In Loving Memory

Goone, Patricia J. (3/8/2018)



Public Issues

Sheila Eisen
Maria Schwartz

We are looking for vendors for the 2nd Community-Wide Garage Sale to benefit Open Arms Mission! Donate \$20 for a 10X10 space and \$30 for 20X10 space. Vendors keep all profits! Contact Sheila Eisen, Maria Schwartz or email antiochcommunitysale@gmail.com. It's on May 5th, Saturday, Williams Park, Antioch, east of the Antioch Public Library, 8 AM-2 PM.



Judith Schieck, our very own artsy Woman, will do air-brushed tattoos and tile painting for the entire family! We will also have line dancing for children and adults in the smaller pavilion with Norm Rennert, dance instructor, 10 AM-12 noon and 1 PM -2 PM. We have many other fun things lined up to make this garage sale a truly

enjoyable event! We will have food vendors and family arts and crafts in our Mother's Day booth (to honor Moms on May 13!), we will have pet adoptions, and we will hand out fortunes and candies!

A huge THANK YOU to all who volunteered for Feed My Starving Children!

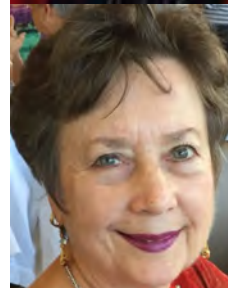
"The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have too little." Franklin D. Roosevelt, 32nd President of USA



International Outreach

Mary Ware
Lee Anderson

Our last quilting meeting will be Monday, April 23 from 9 to 12 A. M. at The Meeting House.



We would like to thank all of you who have donated your time for cutting, assembling, sewing, and donating fabric. A special thanks to Evelyn Miller for tying every quilt that goes out. And to Carolyn Van Patten for the yummy coffee each month. We have had a very productive year for the kids.



Coupons

Sigrid Brueggemann

Please remember to keep clipping coupons to send to our military families in Germany.

Remember we sort the coupons into 5 categories: Food, Household, Beauty and Health, Kids, and Pets. Please count the coupons and write your name on the envelope. Also include the number of hours it took you to sort and count the coupons. At the end of the year, you will receive credit for the total number of coupons and hours you worked. See you at your next meeting!



Education Committee

Maureen Fremgen

During the last few months, the Reading Program has continued even while some of our ladies were able to get away to some warmer places.

Those who have volunteered during this last school year 2017-2018 are Karen Batterman, Joan Foss, Carol Scholle, Barbara Mitzel, Kathy LaBuda, Judy Melind, Barbara Oswieja, Mary Ann Lhotka and me. If anyone is interested in volunteering for April and May of this year, we are always looking for volunteers—or maybe for next year. We start in October. If there are any questions about how to volunteer or what it is all about, you can contact me or any one of these ladies, and we will be happy to tell you of the joy we get out of being with the children.

The Scholarship committee has recently received the application for scholarships from the high schools. We have received many. The job is great and the volunteers are hard at work. Selections are to be submitted by April 6, 2018 and Awards Day for both schools is in May. The very hard-working volunteers are Sheila Eisen, Janet Behling, Jean Haling, Mary Beth Walsh, Kathy LaBuda, Heather Menzer, Jean Johnson and me. Thank you for donating your time, services and monies that make it possible for us to award these scholarships to the children of our community.



Conservation

Karen Noland & Sally Rodgers

Approaching soon are Earth Day on April 22nd and Arbor Day on April 27th. Each year there are many worthwhile



activities in Antioch and nearby. Linda Pedersen at LPedersen@lakecountyil.gov is a good website with links to SWALCO, Lake County Forest Preserve and many communities. Please try to participate in some of these functions to celebrate these special days.

In case you missed the last general meeting, we are no longer collecting used alkaline batteries. We have been told that they just go in the garbage. I'm hoping we can find some other way to recycle these in the future.

We will now be collecting and recycling used LED and CFL light bulbs. Compact fluorescent light bulbs (CFL's) are long-lasting, use very little electricity, and are relatively inexpensive. They do, however, contain mercury and must be disposed of as hazardous waste. Light-emitting diode bulbs (LED's) last for many years and use less energy than CFL's; however, they are more expensive. To choose the correct LED bulb to replace the old wattage, you must know the lumens (lm) as follows: 40 watt bulb=450 lm, 60 watt bulb= 800 lm, 75 watt bulb=1100 lm, 100 watt bulb=1600 lm. Another new term to know is Kelvin (K) or temperature number. The old warm-colored bulb should be 2700 to 3000K, the bright white color should be 3500 to 4100K, and the whiter (bluish) color should be 5000 to 6500K. Also, be sure to look for the Energy Star designation on your new bulbs for longest and most efficient results.

Please mark your calendars for our next Adopt-A-Highway cleanup on Saturday, June 2nd. Keep up collecting wine corks, pop can tabs, old material and shoes, used toner and ink cartridges, and #6 Styrofoam for recycling. We are keeping a lot of stuff out of the landfills!

Dues for 2018-19 are due!

Please submit \$45.50 by **June 1**
To Carolyn VanPatten
23578 W Briar Terrace
Antioch, IL 60002

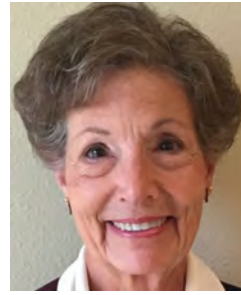
Make check payable to
GFWC/IL AWC



Domestic Violence

*Andrea Macek
Heather Menzer*

We will be collecting Walmart/Target gift cards for A Safe Place at our April meeting, which will provide clothing for victims of domestic violence. 14,533 individuals were served at A Safe Place during 2016. The residential program provides secure emergency shelter, food, clothing, and other necessities for families fleeing abuse. The 35-bed shelter allows survivors to begin healing and to access the resources and options available for beginning a new, safe chapter of their lives. Transitional and permanent housing are available as an alternative for victims who may have been forced in the past to return to an abusive situation due to a lack of affordable housing. Every adult and child has access to counseling, life skills education, and help with employment opportunities in order to prepare them for transition out of the program and to live independent, abuse-free lives. 94% of clients leaving A Safe Place DO NOT return to their abuser. 91% of children in A Safe Place therapy demonstrated a reduction in trauma symptoms related to witnessing abuse. The need is great and our generous support is much appreciated. We are truly making a difference in the lives of the many adults and children affected by domestic violence.



Card Ambassador

Norma Lucansky

As your Card Ambassador I continue to send out cards to our members. We have sent out cards expressing sympathy and get well wishes since our last newsletter.

Because of the size of our membership, I have to depend on all of you to keep me informed when a member should be sent a card and for what reason. After I receive the information and send a card, I will let you know that it has been taken care of.

I would prefer receiving an email: neluc@basta05.com; however, you may also tell me in person or call me at 847-395-7666. Donations of greeting cards that you would like contribute are always appreciated. Thank you for your support.



Save-A-Pet

Gaye Walthers

Please bring one can of dog food to our April meeting to donate to Save-A-Pet. A can costs less than a dollar, but since there are so many of us, our donation would really help the facility.



Book Club

Barbara Mitzel

March 29 * April 26 * May 31

Just a reminder: we meet on the last Thursday of the month at the Senior Center at 12:00 noon.

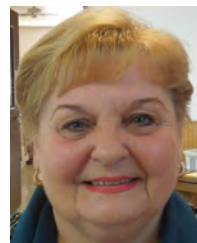
Bring a sack lunch with and we can talk about our new books. Looking forward to seeing everyone again.



Support Our Troops

Sally Rodgers

Please continue to bring items for our troops. We collect items to help the VFW Post 4551 Ladies Auxiliary for their Adopt-A-Package Program for service men and women. We could especially use small boxes of crackers and cookies, AA and AAA batteries, and foot powder. Thanks!



Bridge

Susie Lancaster

We play bridge on Thursdays at 9:30 AM at the Antioch Senior Center. We always welcome all AWC members who enjoy playing bridge!! Please come and join us!



Hostesses

Barb Mitzel

I would like to take a moment to say "Thank You" to all our members who have so graciously made our monthly meetings such an enjoyable afternoon. It was a pleasure working with each and every one of you and look forward to "my turn in the barrel" for our fiscal year 2018/2019 and forward. Don't forget to sign up for your favorite month! It's never too early!



Antioch Woman's Club Spring Luncheon

May 9, 2018

Parkway By The Lake
25212 W. Lake Shore Drive
Ingleside, IL. 60041
847-587-7285

Social Hour 11 AM
Plated Lunch 12 Noon

Cost: \$24.00

Make checks payable to GFWC/IL.AWC

Send checks to
Karen Wehrheim
25014 W. Nicklaus Way
Antioch, IL. 60002

MENU

- Rolls and Butter
- Waldorf Salad
- Stuffed Pork Chop
- W/Pork Balsamic Glaze
- Loaded Twice Baked Potato
- Green Beans Almondine
- Lemon Cream Cake
- Coffee, Hot Tea, Iced Tea



Member Name _____

Guest _____

Guest _____

Guest _____

Please include name of member and guests with your check.

Luncheon arranged by co-chairs, Karen Wehrheim & Betty Chornoby.

GFWC Illinois Antioch Woman's Club Proposed By Law Changes

ARTICLE I – NAME

SECTION 1 - READS: The Association shall be called the GFWC Illinois Antioch Woman's Club, hereinafter called the Club.

TO READ: The Club shall be called the GFWC (General Federation of Women's Clubs) Illinois Antioch Woman's Club, hereinafter called the Club.

Rationale: Clarification

ARTICLE II – OBJECT

SECTION 1 – READS: The objectives of the Association are intellectual growth and unity of effort toward civic improvement.

Delete Association and insert Club.

Rationale: Clarification

ARTICLE IV – DUTIES OF OFFICERS

SECTION 3 – READS: The Vice-President shall, in the absence of the President and/or the President-Elect, assume their duties. She shall also assist the President-Elect in composing and distributing the Yearbook.

Delete SECTION 3.

Rationale: Duplication of the President-Elects duties.

If SECTION 3 passes: SECTION 4 BECOMES SECTION 3, SECTION 5 BECOMES SECTION 4 AND SECTION 6 BECOMES SECTION 5.

If SECTION 3 passes, in SECTION 4 – Delete the word Vice-President throughout the by laws.

ARTICLE V – DUTIES OF CHAIRMEN OF STANDING COMMITTEES

SECTION 7 – READS: The Membership Chairman's duties shall be to keep a current up-to-date membership list and to present the names of all candidates to the Board. When a candidate is accepted by the Board for membership, she shall notify the Corresponding Secretary. It will be the Membership Chairman's duty to conduct the initiation ceremony of all new members at each regular meeting, and she shall help the President-Elect compose the Yearbook. The Telephone Tree shall be a subcommittee of this committee. The Telephone Tree shall be activated, as deemed by the President, for emergency purposes such as the cancellation of a meeting, the death of a member, spouse, children of members and parents.

TO READ: After compose the Yearbook, strike The Telephone Tree and add Member notification shall be a subcommittee of this committee. Member notification shall be active, as deemed by the President, for emergency purposes such as the cancellation of a meeting, the death of a member, spouse, children of members and parents via e-mail or phone for members without e-mail.

ARTICLE VII – NOMINATIONS AND ELECTIONS

SECTION 1 - (B) Add after Annual Meeting - in May.

SECTION 2 – READS: The name of the candidate shall be given to the Membership Chairman on the form provided in the Yearbook. Said application will be submitted to the Board. The signature of the applicant's sponsor and that of two endorsers, who are Club members and acquainted with the applicant, will appear on the application. A short bio about the candidate shall accompany the application. The application and bio will be read at one Board Meeting and voted upon by ballot or by show of hands. A negative vote of three (3) will reject the application. A candidate for membership, in or from some other federated club, may present a letter signed by the president and secretary of such club as endorsers

TO READ: After the sentence: A short bio about the candidate shall accompany the application. **ADD NEW SENTENCE-** The application and bio will be read at the Board Meeting and if no objections, the application will be accepted. A candidate for membership, in or from some other federated club, may present a letter signed by the president and secretary of such club as endorsers.

Rationale: The last two sentences made it sound like a secret society.

SECTION 3 (a) – READS: Active members are expected to volunteer a minimum of ten hours at Club-sponsored events. Additionally, active members shall be responsible to serve on one monthly hostess committee. In the event they cannot serve on the date designated, they must provide a substitute.

TO READ: (a) Active members pay dues consisting of the International, District, and State fees plus \$25 to our Club and are eligible to vote, hold office and serve as committee chairs. Active members are expected to serve on committees, volunteer a minimum of ten hours each year at Club-sponsored events and serve on one monthly hostess committee. In the event they cannot serve on the date designated, they must provide a substitute.

SECTION 3 (b) – READS: Active Honorary members must pay dues consisting of the International, District, and State fees plus \$25 to our Club, giving her the privilege to vote, but still be exempt from serving on committees.

TO READ: Active Honorary members pay dues consisting of the International, District, and State fees plus \$25 to our Club and are eligible to vote but not to hold office or serve as committee chairs. Active Honorary members may, as they are able, serve on committees, devote hours to volunteer work, and serve on a monthly hostess committee.

SECTION 3 (c) – READS: Honorary members have all the rights and privileges of active members, except the right to vote or hold office and shall be exempt from payment of dues and serving on committees.

TO READ: Honorary members are exempt from paying dues but are not eligible to vote, hold office or serve as committee chairs. Honorary members may, as they are able, serve on committees, devote hours to volunteer work, and serve on a monthly hostess committee.

Rationale: Clarification of the three classes of membership.

SECTION 4 - DELETE the last sentence. Said badge will reflect membership.

Rationale: Redundant of the sentence before

SECTION 6 –delete –provided the member is in good standing.

Rationale: Clarification

SECTION 8 – add after the Club year, except caregivers.

Rationale: Clarification

By Law Committee:

Nancy Zitkus, Parliamentary Advisor

Karen Batterman

Betty Chornoby

Jean Johnson

Margaret Cole

Lynne Fletcher – ex-officio



Ladies in red enjoy the afternoon at our February meeting.

*Thanks to Carson's Furniture Gallery in Vernon Hills
for printing our newsletter.*

Your Store. Your Style.

Carson's



GFWC Illinois Antioch Woman's Club
P.O. Box 282
Antioch, IL 60002