



Potpourri

GF WC Illinois Antioch Woman's Club Newsletter February 2018

Antioch Woman's Club is proud to be part of the General Federation of Women's Clubs, which is one of the world's largest and oldest volunteer community service organizations with more than 100,000 members worldwide. Founded in 1890, the G.F.W.C. is headquartered in Washington, D.C.

Club Officers

Lynne Fletcher, President
Barbara Mitzel, President-Elect
Pat Martin, Recording Secretary
Nancy Rentner, Corr. Secretary
Carolyn Van Patten, Treasurer
Nancy Zitkus, Parliamentary Advisor

Jane Fraser, Newsletter Editor
Cindy Erexson, Website Administrator

For information about **membership**,
Contact....

Karen Batterman
847-838-2115
karenbatterman@gmail.com

Or write to.....

Antioch Woman's Club
PO Box 282
Antioch IL 60002Re

Website:

GF WCantiochwomansclub.com



Upcoming Events

February 12
February 14

Board Meeting 10 AM at Heartland Bank
General Meeting 11:30
Program: Antioch High School Band
American Heart Health Month—
wear RED
Collection: Pennies for Art
Open Arms: Paper Goods and Soap
A Safe Place: Paper Goods
Education: labels

February 22
February 26
February 28

Veterans: Stamps and coupons
Heifer International: Birthday box
Recycling: Regular items
Book Club—noon—Senior Center
Quilting 9 AM at Meeting House
10th District 10 AM Registration, 10:30
meeting, Lunch to follow at Bonnie
Brook, 2800 N Lewis Ave, Waukegan
Board Meeting 10 AM at Heartland Bank
General Meeting 11:30

March 12
March 14

Program: Stu the Piano Man
Collection for Safe Place: New Bed
Pillows, Towels, XL Twin Sheets
Open Arms: Nonperishable items
Education: Labels

March 26
March 28

Veterans: Stamps and coupons
Heifer International: Birthday box
Recycling: regular items
Quilting 9AM at Meeting House
10th District, 10 AM Registration, 10:30
Meeting, Lunch to follow at Dover
Straits, 890 US Hwy 45, Mundelein
Book Club—noon—Senior Center

March 29

The GF WC Illinois Antioch **Woman's Club** meets on
the **second Wednesday of every month from Sept-May**
at **11:30 AM** at the

Faith Evangelical Lutheran Church
24300 W. Grass Lake Rd. Antioch, IL. 60002
847-395-1660

June-July-August TBA



President's Corner

Lynne Fletcher
Happy New Year!

Our January meeting, titled AWC 2018, was very successful. Our new members had an opportunity not only to meet our committee chairs but also to talk with our older members. This event was far more effective than the New Members Tea, and I hope it will be continued.

Barb Petersen and Anita Dyer are our program co-chairs, and I'm very excited to see what they schedule for us. Thank you to Ida Krozel for her dedication to her position.

The time from Thanksgiving through the New Year has been bittersweet. We lost friends, husbands, sisters, and a son. We look forward to a happier year.

On a positive note, we had a very successful Christmas brunch. Thank you to Peggy Kellen and Jean Johnson along with Karen Wehrheim and Betty Chornoby and all our committee members and members that made the day a festive, fun occasion. Fundraising exceeded their budget goal. Congratulations!

Speaking of fundraising – if we do a golf outing, we must start planning in February. We need volunteers! Who is good at outings/party planning?

Pat Martin is our Interim Recording Secretary. She is also a relatively new member. Please join me in welcoming her.

Light, Love and Laughter
Lynne



Thank you to Ida Krozel and Barb Petersen for their wonderful program planning in 2017.



Membership/ Mentoring Program

Karen Batterman

Since our 2017-2018 Membership Book was printed in September, a lot has happened. Please make the following changes to the roster in your book. Welcome our new members, and reflect on the contribution of those who have left us.

New Members

Louise Lewitan
1116 N. Oakwood Dr
Fox Lake IL 60020
847-530-6864
LuisaLewitan@Gmail.com

Michele Marko
25185 Hawthorne Ave
Antioch IL 60002
847-838-1615
Michele.Marko@Yahoo.com

Pat Martin
39564 N Channel View A
Antioch IL 60002
224-788-8351
PSM.1211@yahoo.com

Barbara Porch
537 Longview Dr
Antioch IL 60002
847-772-9020
BarbaraPorch@sbcglobal.net

Sharen Starck
2818 Jennifer Ln
Johnsburg IL 60050
847-927-0770
SharenStarck@Comcast.net

Julie Twomey
40240 W US Hwy 45
Lake Villa IL 60046
847-693-8343
Julie.Twomey@Yahoo.com

As always, be on the lookout for potential new members. (There's an application in the back of your book, or see me if you need additional copies.) And, let me know if you are aware of any changes in contact information in the "Roster" section of your book.

Reinstated As Active

Carol Delaney
340 Berkshire Dr
Lake Villa IL 60046
847-687-8585
CLDelaney@att.net

In Loving Memory

Jean Mehnert – June 2017
Pam Brown – September 2017
Betty Smouse – September 2017
Dee Taylor – November 2017
Audrey Lyle – December 2017
Kitch Pecci – December 2017
Lois Warner – December 2017

Resigned

Candy Luzar
Debbie McCameron

New email

Sue Allen – SAllen11@TampaBay.rr.com
Kay Blake – KayBlake5581@Gmail.com
Hilda Wollschlaeger – HildaHildaW@aol.com

Just For Fun

For those who missed our January Program, here is the Membership Quiz that was given out. See how well you do. Answers below.

Questions:

1. How many members are in GFWC IL AWC?
2. Of these, what percentage are Active/Active Honorary/Honorary?
3. What year did Dolores Abderholden join ACW?
4. What were the dues in 2000?
5. How many hours do bylaws say members are expected to volunteer each year?
6. What portion of the \$45.50 of our current dues is kept for AWC?

Answers:

1. 159 members
2. 61% Active, 11% Active Honorary,
3. 28% Honorary
4. 1961
5. \$3.50
6. 10 hours per year
7. \$25 (\$15 goes to International, \$5 to State, and \$0.50 to 10th District)



Public Issues

Sheila Eisen
Maria Schwartz



We invite you to join us in volunteering for the Feed My Starving Children program. AWC members will be participating on Wednesday, March 21 from 12 noon until 2 PM. The address is 742 East Park Avenue (Highway 176) in Libertyville. Right now we have about 10 women signed up; we'd love to have double that! Please join us. Someone heard that the program requires recipients of the meals to attend Christian services.

That is not true! The program packs meals for the world's starving children.

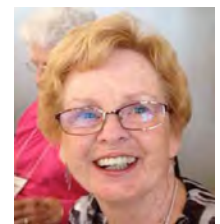
We are also planning AWC's Community-Wide Garage Sale for Saturday May 5 at Williams Park. We will have another sale on Saturday, August 4. Please mark your calendars and plan to join us!

**The secret to happiness is FREEDOM.
The secret to freedom is COURAGE.**

-Thucydides, Greek Historian

Coupons

Sigrid Brueggemann



Please remember to keep clipping coupons to send to our military families in Germany.

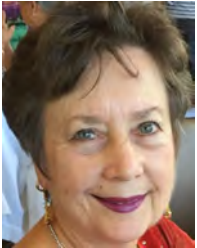
Remember we sort the coupons into 5 categories: Food, Household, Beauty and Health, Kids, and Pets. Please count the coupons and write your name on the envelope. Also include the number of hours it took you to sort and count the coupons. At the end of the year, you will receive credit for the total number of coupons and hours you worked. See you at your next meeting!



International Outreach

Mary Ware
Lee Anderson

The next meeting of the International Outreach committee will be Monday, February 26 at the Meeting House from 9 AM to Noon.



I would like to thank all of you for your time and donations this past year. We sent out 101 quilts, 494 beanie babies, and 32 gowns--piling up over 452 hours of work.

We appreciate all of your work and help during the meeting. Wishing you all a great 2018!



Education Committee

Maureen Fremgen

The report for the year 2017 has been submitted. The women of GFWC AWC are very hard workers. Thank you to all who have helped in all of our programs. We have been able to give scholarships in the amount of \$10,500 this year. That amount of money was due to the great work of our Fundraising committee and the people who participated in the fundraising events. We were able to give 3 scholarships in memory of our ladies who passed. The seven women who spent many hours working to choose the recipients of the scholarships, I thank you for all of your many hours of volunteer work. It is a very hard job with much responsibility.

To the ladies who "Read With the Kids," I know how much joy we get out of the program besides the gratitude that we receive from the teachers and children. Good job ladies. As you read this article, I am in need of three volunteers to read with the kids. Some of our ladies are heading for the warm weather for a few months. Please let me know if you are available in February and March.

In a few months applications for scholarships will be ready for us to start our work all over again. Thank you in advance for all the efforts that you put forward.



Conservation

Karen Noland & Sally Rodgers

At our last meeting, many of you asked about disposing of old medications. The following gives some guidelines and resources.



Locally, the Antioch Police Dept., the Fox Lake Police Dept., and the Grayslake Police Dept. have the blue disposal bins. Some CVS and Walgreens stores also take them, and more bins are coming regularly.

Please use these sites to keep drugs in safe hands.

DISPOSE OF UNWANTED MEDICATIONS AND PERSONAL CARE PRODUCTS SAFELY

The Solid Waste Agency of Lake County (SWALCO) and the Lake County Health Department are asking residents to dispose of unwanted or expired medicines and personal care products SAFELY.

Please do not dispose of these products down the sink or through the sewage system. They are harmful to the environment, polluting rivers, streams, and endangering the aquatic life living in them. Additionally, pharmaceuticals that are flushed can kill beneficial bacteria responsible for breaking down waste and can damage septic systems. The best method of disposal is to take your products to a local household chemical waste collection around the county, where they can be processed and disposed of safely and conveniently.

SWALCO (Solid Waste Agency of Lake County) holds household chemical waste (HCW) collections which accept a variety of waste products, including pharmaceuticals and personal care products. These include prescription and over-the-counter drugs and supplements, as well as personal care items such as cosmetics, skin care products and perfumes. These free collections are held for Illinois residents periodically throughout the year at various Lake County locations. Visit www.swalco.org or call 847-336-9340 to find out more about upcoming HCW collections. Please read further for more information on this important issue and what you can do to help address it.

What's the issue?	What are the concerns?	What can I do?
<p>Pharmaceutical waste and personal care products (PPCPs) disposal is a rapidly emerging concern. These products are being produced and used in increasing volumes every year. They include both prescription and non-prescription drugs, cleansing agents, cosmetics, nutritional supplements and skin care products.</p> <p>Pharmaceuticals that have been identified in water bodies include:</p> <ul style="list-style-type: none"> • Birth control hormones • Antibiotics • Antidepressants • Tranquilizers • Blood Lipid Regulators • Anticancerotics (used in chemotherapy) 	<p>It is believed that even in small quantities, pharmaceuticals and personal care products can be harmful to the environment and wildlife. Sewage treatment plants and septic systems are not designed to treat all the substances found in medications and personal care products. When flushed down the toilet or sink, some of these chemicals can impact the environment by passing through and entering rivers, lakes, and groundwater.</p> <p>Studies indicate that there may already be developmental and reproductive problems with some aquatic organisms and wildlife, which may have further impacts on ecosystems and the environment.</p>	<ul style="list-style-type: none"> • Do not pour or flush unwanted/expired medications or personal care products down the drain or toilet. • Take unwanted or expired medications and personal care products to a household chemical waste collection program where they will be secured for proper disposal. Visit www.swalco.org for dates and locations of their collection events around Lake County. • Return unwanted/expired medications to your doctor or the pharmacy where it was purchased if they have a take-back program. If a program does not exist, encourage your pharmacy to start one. • Only dispose of unwanted or expired medications and personal care products in the trash when other options are not available.




Please visit www.swalco.org or call 847-336-9340 if you have further questions about waste disposal and recycling, or would like to learn more about SWALCO programs. You can visit the Lake County Health Department's website at www.co.lake.il.us/health.



Domestic Violence

*Andrea Macek
Heather Menzer*

A note from A Safe Place: Thank you for your generous donations; "It is not just the monetary donations that ensure that our

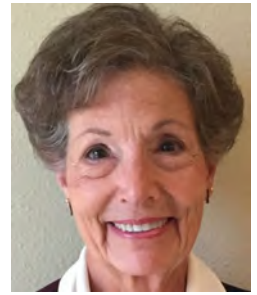
organization can continue to provide for victims. It is also the items that so many supporters provide us on a daily basis - the paper products and toiletries that make everyday life possible, the clothing that keeps victims warm, and the food that nourishes women and children who left everything behind when they fled violent homes seeking safety."

We will be collecting paper goods for February: Toilet Paper, Paper Towels, Kleenex.

Thank you again for all of your support.



Fun and Fundraising at McHenry Country Club.



Card Ambassador

Norma Lucansky

As your Card Ambassador I continue to send out cards to our members. We have sent out cards expressing sympathy and get well wishes since our last newsletter.

Because of the size of our membership, I have to depend on all of you to keep me informed when a member should be sent a card and for what reason. After I receive the information and send a card, I will let you know that it has been taken care of.

I would prefer receiving an email: neluc@basta05.com; however, you may also tell me in person or call me at 847-395-7666. Donations of greeting cards that you would like contribute are always appreciated. Thank you for your support.

Book Club

Barbara Mitzel

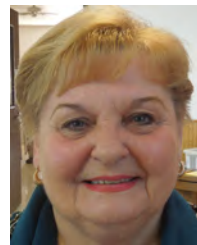


The book club meets the last Thursday of the month at the Antioch Senior Center at Noon, so bring a sack lunch. Please note that everyone reads what is of interest to her and gives an

oral report with questions and discussion after. We don't all read the same thing!

Bridge

Susie Lancaster



We play bridge on Thursdays at 9:30 AM at the Antioch Senior Center. We always welcome all AWC members who enjoy playing bridge!! Please come and join us!

The Bridge Group reports that 20 members have spent 332 hours playing bridge. 2988 hands, Betty Schneider has 2301 points, Judy Grubich has 2280 points and Susie Lancaster has 2254 points. That's a lot of bridge ladies! Good for the brain they say.



Hostesses

Barb Mitzel

Thank you to everyone who signed up for our 2017-2018 fiscal year. It is important to sign up early for the month you want to serve on. Please refer to our wonderful new membership book for the monthly listing of hostesses. If you are a new member, please see me for your assignment.

February

Co-Hostess: Nancy Yukl
Co-Hostess: Sandra Rebechini

Marilyn Bies
Diane Huckstadt
Judy McKillip
Michele Meucci
Barbara Ocwieja
Nancy Rentner
Mary Beth Walsh
Gaye Walthers

March

Co-Hostess: Patsy Foley
Co-Hostess: Kathy LaBuda

Pat Carter
Diana Fox
Pat Harris
Ida Krozel
Jeanine Leonhart
Mary Maliszewski
Mary Matulka
Jane Qualmann
Judith Ruggles

April

Co-Hostess: Dianne Hosken
Co-Hostess: Judy Melind

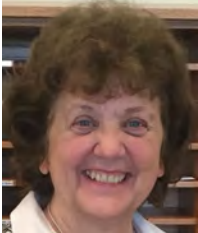
Nancy Andretich
Barbara Berry
Karen Erb
Susan Knudsen
Mary Ann Lhotka
Carol McMullen
Sharon Oldenburger
Pat Pasiewicz
Claudia Smith

Fundraising

Jean Johnson, Peggy Kellen



First, we would like to thank our committee for an awesome job this year! Each member has her own expertise, and together we had a very successful year. We have exceeded our budget and still have 5 months of 50/50 raffles!! Thank you to all the members who support this great organization that, in turn, supports so many individuals far less fortunate than us.



The Christmas luncheon and silent auction raised \$3351 including a \$500 donation from Heartland bank. The "basket raffle" brought in \$695.(Sandy Rebechini won it – hope she is enjoying!) The Terri Lynn nut sales brought in \$925 – we consider this first time "project" a success.

NOTE: If you enjoyed the nuts, you may now order online and the profits will automatically be sent to our club. The website is www.terrilynncares.com

Happy New Year and continue volunteering!!

Jean Johnson and Peggy Kellen
Committee: Nancy Andretich, Karen Floeter, Anna Stornello

Legislation

Anita Dyer

March 20, 2018 General Primary Election

Lake County voters will vote for Federal, State and County candidates by an established political party.

- Governor/Lt. Governor
- Attorney General
- Secretary of State
- Comptroller
- Treasurer
- Representatives in Congress
- State Senators
- Representatives in the General Assembly
- County Treasurer
- County Clerk
- Sheriff
- Regional Superintendent of Schools
- County Board Members (some)
- Judges
- North Shore Water Reclamation District
- Precinct Committeemen

Citizens may choose to vote by **mail, early**, or on **Election Day**. Before a ballot can be issued, every voter must sign a ballot application for each election. Voter's identity is verified by a signature match to voter's original registration record.

To Vote in Illinois:

- You must be a United States Citizen.
- You must be 17 years old on or before the date of the Primary Election and turn 18 on or before the date of the General Election.
- You must live in your election precinct at least 30 days prior to Election Day.
- Not be convicted and in jail.
- Not claim the right to vote anywhere else.

Register online, in person or by mail

March 5, 2018: Early voting begins at Antioch Township - 1625 Deep Lake Road, Lake Villa, IL 60046

Monday – Friday: 9 a.m. to 5 p.m.

Saturday: 9 a.m. to 2 p.m.

March 17, 2018: Last day for early voting at Antioch Township

March 20, 2018: ELECTION DAY Voting sites are open from **6 a.m. to 7 p.m.** To find assigned voting site, logon to LakeVoterPower.info



Our Board members work hard behind the scenes!



Karen Batterman and Barb Mitzel take their work seriously.



GFWC Illinois Antioch Woman's Club

The mission of the GFWC Illinois Antioch Woman's Club is to provide intellectual growth and unity of effort toward civic improvement—a philanthropic organization dedicated to enhancing the lives of others through volunteer service.



Community Service Projects

Art

The Art Committee organizes an annual Arts and Crafts Show for members. All categories are welcome -- from painting and photography to knitting and crocheting, weaving and ceramics.

The Art Committee also hosts an annual Student Art Show for our community high schools and middle schools. Students receive monetary prizes and plaques celebrating their achievements. At one meeting per year, we take up a collection called Pennies for Art.

Conservation

The Conservation committee organizes volunteers from the club and their families for Highway Cleanup twice a year. The AWC takes responsibility for cleanup on Deep Lake Road from Grass Lake Road to Rte 132. The committee chair also spearheads our recycling efforts: we collect wine corks for ReCork.org; pop can tabs for Ronald McDonald House in Milwaukee; old clothing and material not good enough to donate; used ink and toner cartridges; used alkaline batteries; and #6 Styrofoam such as egg cartons, meat trays and takeout containers.

Domestic Violence

This committee sponsors various collections for the women and children at A Safe Place, a shelter for abused women. During the holiday season, we also collect unwrapped gifts and/or gift cards for the women and children.

Education

The Education committee provides volunteers to read with the children at Petty School on a weekly basis. Volunteers are asked for just one day a week for one month at a time.

The committee also awards scholarships to graduating seniors from Lakes and Antioch High Schools. We also provide funds for one or two students to attend Leadership Camps in the summer. In addition, we award the Lilly Petty Scholarship annually.

Book Club - This meeting takes place once a month. At this informal gathering women discuss the good or not-so-good books they have recently read. The Chair sends Book Club reports to the GFWC Reading Sorority, Epsilon Sigma Omicron.

Bridge - AWC bridge players meet once a week at the Antioch Senior Center.

Home Life/Health

Volunteers join this committee chair to host a birthday party for residents of Winchester House in Libertyville. We bring cake and ice cream and play games or sing songs with residents who are celebrating a birthday in that particular month. Home Life also provides helpful tips to the membership during our regular meetings.

International Outreach

AWC members convene at the Meeting House in Antioch once a month to make quilts for children who receive surgeries from Operation Smile. Some women are seamstresses, but others just cut fabric into squares and assemble kits for the seamstresses to finish. We send about 100 quilts each year. In addition, during their birthday month, members contribute money that supports Heifer International.

Public Issues

- ❖ **Open Arms Mission:** As part of this effort, we conduct food / paper good drives for the Open Arms Mission several times a year. Weekly we help package and distribute food for the needy. Once a year we collect socks for the Socks for the Soul Program. Twice a year we conduct community-wide garage sales to raise funds for the Mission.
- ❖ **Save-A-Pet:** Members collect food and supplies for the pet shelter. Some members also foster sick pets in their homes.
- ❖ **Veterans Affairs:** Women from the club visit the VA Hospital once a month. They bring treats for the vets and play bingo with them. We also sponsor dances for the vets once or twice a year. In addition, we bring gently used men's clothing that our members have donated.
- ❖ **Operation Support Our Troops:** Three times a year we collect small, everyday items that we send to our troops overseas. Items include toiletries, candy, packaged drinks, small packages of cookies, crackers, munchies, etc.
- ❖ **Coupons:** We collect coupons that are within 3 months of expiration for (1) Baby Products, (2) Food, (3) Health and Beauty, (4) Household Goods, or (5) Pets. We send the coupons to military families as these coupons are honored at the Px.

Fundraising

The AWC raises money in many ways. We then make contributions to many of our community organizations.

Projects include:

- ❖ Summer Bake Sale in conjunction with Lion's Club
- ❖ Holiday Luncheon/Silent Auction/Raffle
- ❖ 50/50 raffles at regular meetings

Social Committee

The Luncheon Committee organizes three formal luncheons each year: the Fall Lunch in September, the Holiday Lunch in December, and the Spring Lunch in May. These are held at local banquet halls or country clubs.

The Hostess Committee

The Hostess Committee Chair organizes a list of hostess volunteers for each regular meeting. The hostesses not only decorate the meeting room, but they also provide a light lunch consisting of savory and sweet homemade goodies.

How can you help?

More specific information about these programs and committees is available in our Member Book, on our website (GFWCantiochwomenclub.com), and in our quarterly newsletter.

January Meeting AWC 2018

How can you get involved?



Karen Noland explains the work of the Conservation Committee to Pat Harris at the January meeting.



Judy Schieck shows off the work of the Art Committee.



Mary Ware encourages us to help with the quilting projects.



Shiela Eisen demonstrates the work of the Public Issues Committee.



Maureen Fremgen reminds us of the importance of Education



Jean Johnson and Peggy Kellen talk about our need for money\$\$\$\$!

*Thanks to Carson's Furniture Gallery in Vernon Hills
for printing our newsletter.*

Your Store. Your Style.

Carson's



GFWC Illinois Antioch Woman's Club
P.O. Box 282
Antioch, IL 60002