



Potpourri

*GFWC Illinois Antioch Woman's Club Newsletter
February 2017*

Antioch Woman's Club is proud to be part of the General Federation of Women's Clubs, which is one of the world's largest and oldest volunteer community service organizations with more than 100,000 members worldwide. Founded in 1890, the G.F.W.C. is headquartered in Washington, D.C.

Club Officers

Lynne Fletcher, President
Candy Luzar, President-Elect
Mary Kay McNeill, Vice President
Lois Warner, Recording Secretary
Audrey Lyle, Corr.Secretary
Carolyn Van Patten, Treasurer
Nancy Zitkus, Parliamentary Advisor

Jane Fraser, Newsletter Editor
Cindy Erexson, Website Administrator

For information about **membership**,
Contact....

Karen Batterman
847-838-2115
karenbatterman@gmail.com

Or write to.....

Antioch Woman's Club
PO Box 282
Antioch IL 60002Re

Website:

GFWCantiochwomansclub.com



Upcoming Events

February 6
February 8

Board Meeting 10 AM
General Meeting 11:30
Program: Garden Club/ Dr. Jay Marino
Open Arms Mission: paper goods & soap
Recycling: #6 Styrofoam, wine corks,
printer cartridges
Education: labels

February 22

Veterans: stamps and coupons
10th District Program Bureau at the
Arboretum Club, 401 Half Day Rd,
Buffalo Grove 847-913-9112

February 27
March 6
March 8

Quilting—9 AM—Meeting House Grove
Board Meeting 10 AM
General Meeting 11:30
Program: Country Singer Randy Walker
Reciprocity Lunch: Any member
wanting to bring a dish to pass should
contact Barb Mitzell.

March 29

Collections for Open Arms, Recycling,
Education, and Veterans
10th District Meeting—10 AM
registration, 10:30 meeting, Lunch to
follow. Dover Straits, 890 US 45,
Mundelein 847-949-1550

April 10
April 12

Board Meeting at 10 AM
General Meeting 11:30
Program: Jazz Singer Sandi Haynes
Collection non-perishables for Open
Arms, Clothing for Safe Place, items for
Troops, Recycling, Labels for Education,
Stamps and coupons for Veterans

BOOK CLUB: 3rd Thursday of every month at 1:00 PM
BRIDGE: Every Thursday at 9:30 AM

The GFWC Illinois Antioch **Woman's Club** meets on
the **second Wednesday** of every month from Sept-May
at **11:30 AM** at the

Faith Evangelical Lutheran Church
24300 W. Grass Lake Rd. Antioch, IL. 60002
847-395-1660
June-July-August TBA



President's Corner

Lynne Fletcher

What does thank you really mean?

Chris Galatin

(Poem sent to Valdenira by her daughter Raquel, 1999).

"Thank you" is one of those wonderful phrases people use to express a special gratitude.

But there's often a lot more to it than those two words can say.

When it comes from the heart, from deep inside the nicest feelings and the most special thoughts, "Thank you" means so much.

It means thank you for taking the time to show that you care.

It means "you really made my day," and sometimes it means that you really make all the days so much better.

It means you make me feel so nice, and I wish I could do the same for you... just by letting you know how much you mean to me.

"Thank you" means you didn't have to... but I'm so grateful that you did.
"Thank you" means that you've done something special that I'll never forget.

How many ways do we say Thank You?



Quilt made with Jackie Vos' material scraps was a centerpiece of our auction. Her daughter, Winn, displays it at the luncheon.

Special Presentation at February Meeting

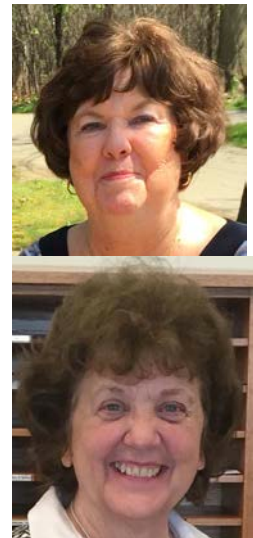
Dr. Jay Marino has served as the Superintendent of Schools in Antioch School District 34 for the past 3 years. At our February meeting, Jay will be sharing information regarding District 34's Master Facility Plan that will come before voters in the April, 2017 election. The community has a unique opportunity to vote on a referendum that will not raise property taxes in principal and interest payments for anticipated acquired debt. Key components of the plan include the following outcomes:

- Implement a K-5 grade level configuration
- Create greater equity of learning spaces across the District
- Eliminate 16 portable classrooms
- Provide taxpayers an opportunity to vote on a referendum that would not raise property taxes due to principal and interest payments on anticipated debt.

Fundraising

Jean Johnson
Peggy Kellen

"A new year," says Father Time, but before we move on, we should note that the end of 2016 allowed us to put approximately (money still coming in) \$2500 into our treasury as a result of our Christmas fundraiser luncheon! Many thanks to all of you who contributed in any way.



NOW- on to 2017: Please mark your calendars for 2 very important dates:

GAME DAY (Broadway Babes): Tuesday April 25 and

DINNER/GOLF OUTING: Friday, June 16
More to come about both events!!

We are close to reaching our fundraising goal, but the more we raise, the more we can help those less fortunate!



Membership/ Mentoring Program

Karen Batterman

Please update the Roster in your Membership Book:

New Members:

Judy Melind, 24815 Runyard Way E, Trevor WI 53179
847-909-8830, Judy_Melind@Yahoo.com,
Mentor: Maureen Fremgen

Gisela (Gigi) Shore, 6708 Normandy Dr, Spring Grove IL 60081
847-973-8009, GShore100@Gmail.com,
Mentor: Anna Stornello

New Address:

Mary Giaimo, 7412 Crescent Hill Ct, Fox Lake IL 60020
224-225-1315, No email

In Loving Memory

June Bentel, passed away 12/21/16

Status Change

Alvera Morgan from Active to Active Honorary

Correct/Update Email:

Maria Anderson:
AndersonMaria2121@Comcast.net
Arlene Hauck: ladyhauck2@gmail.com
Susan Knudson: ssjaknudson@gmail.com
Claudia Smith: claudiasmith36@att.net
Anna Stornello: AEOJ11@yahoo.com
Hilda Wollschlaeger: No Email

Milestones

Jean Mehnert celebrated her 100th Birthday on January 11, 2017!

Milestone Membership Anniversaries in 2016:

55 Years - Dolores Abderholden
40 Years – Nancy Zitkus
35 Years – Jean Droegkamp
25 Years – Jane Larson, Nancy Rentner, Dorothy Volkert
20 Years – Aileen Biel, Janice Fenske, Geri Gardner, Betty Smouse
15 Years – Mary Clarke, Margaret Cole, Karen Erb, Maureen Fremgen, Jean Haling, Eva Hawryluk, Donna McKeown, Diane Taylor, Linda Valentino
10 Years – Martha Fallon, Angie Fasolo, Piera Garofalo, Arlene Hauck, Susan Knudson, Susie Lancaster, Mary Maliszewski, Erika Rehberger, Betty M Schneider, Lois Warner

Membership Contest

Who said there's no such thing as a free lunch, or free dues for that matter? You have an opportunity for both!

The member who brings the most "new friends" to meetings this fiscal year will be awarded a paid ticket to the Spring Luncheon. (In case of a tie, we will have a drawing.)

The member who sponsors the most new members this fiscal year will be given a free 1-year membership. (Again, in case of a tie, we will have a drawing.)

Our current membership is 170 (110 Active, 19 Active Honorary, 41 Honorary). Find friends, neighbors, etc. who will enjoy our wonderful Club and bring them along to a meeting!



*New members
Judy Melind and
Diana Fox were
introduced at our
November
meeting.*



Public Issues

Sheila Eisen
Maria Schwartz

How to Spot Fake News

Fake news is nothing new. But bogus news can reach more people quickly via social media than what good old-fashioned viral e-mails could accomplish in years past. A lot of these viral claims aren't news at all but fiction, satires, and efforts to fool readers into thinking they're for real. Snopes.com has been exposing viral claims since the mid 1990s. Be skeptical of viral claims. Make good use of your

DELETE key when a chain e-mail hits your inboxes.

Key characteristics of Bogusness: anonymous authors, excessive exclamation points, capital letters and misspellings, entreaties that "This is NOT A HOAX!" and links to sourcing that does not support or completely contradicts claims being made.

Advice on how to spot a fake:

- Consider the source-Snopes.com maintains a list of known fake news websites.
- Read beyond the headline. If provocative headline drew your attention, read the entire story before you decide to pass along as shocking information.
- Check the author.
- What is the support? FBI crime data is publicly available. There was viral data showing crime statistics on the percentage of whites killed by blacks and other murder statistics by race and the source given for the data is "Crime Statistics Bureau-San Francisco". The Bureau does not exist! Google the news and the first link that comes up is a Snopes.com article revealing that it is fake news.
- Check the date. Some stories are not completely fake but rather a distortion of real events.
- Is this some kind of a joke? Remember, there is such a thing as satire and sometimes, it can be funny. Some people make a living off the fake posts and one of them claim that "people pass them around

and nobody facts checks anything anymore!"

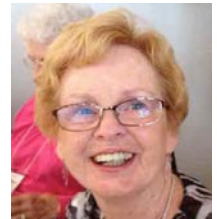
- Check your biases. Check out the story.
- Consult the experts: FactCheck.org, Snopes.com, The Washington Post Fact Check and Politifact.com.

Newsreaders are the first line of defense against fake news. If you encounter a new claim you'd like to be checked or investigated, email editor@factcheck.org.

From: Factcheck.org
November 18, 2016

Coupons

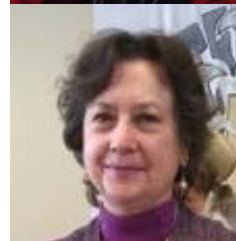
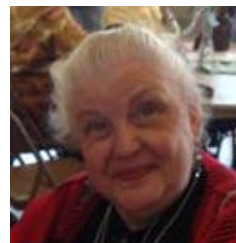
Sigrid Brueggemann



Please continue to save and sort coupons for our military families. Remember that the military families can use coupons that are expired up to 2 months. We still sort the coupons into 5 categories: Food, Household, Health and Beauty, Kids, and Pets. Please count them, put your name and hours worked on a piece of paper, and drop them off in the envelope on the events table at our next meeting. Thank you.

International Outreach

Mary Ware
Lee Anderson



Our quilting group will meet Monday, Feb. 27, at The Meeting House in Antioch from 9AM until noon. Fabric markers, cutters, assemblers, sewers, and turners are all needed. Come join us for as long as you can. We will also meet on Monday, March 28.

President's note: A very special thank you to Gaye Walthers. At the Christmas Luncheon, many of you saw the beautiful dresses Gaye makes for our International Outreach Program. I can only imagine the delight on a child's face when receiving such a beautiful item. Thank you, Gaye, for all you do.



Support Our Troops

Karen Potter

Please bring items for our troops overseas and bring them to our meeting in **April**. Our troops can use most everything we use in everyday life but in smaller size: toiletries, candy, packaged drinks, small packages of cookies, crackers, munchies-- you get the idea. Please remember the female troops and the items that they can use: Tampax, deodorants, and powders. We thank you for your generous donations as they are very much appreciated.



Education Committee

Maureen Fremgen

Thank you ladies who have volunteered for "Reading With The Kids" at Petty School. As of now we have only one more space to fill:

4th grade Tuesday 2:25 – 3:10 p.m. Good job. When the weather is cooperating, it is a good thing. When it is not, feel free to call the Petty office and let them know you are not coming. If any of you are going out of town, let me know, I do have one sub to take your place. Keep up the good work and have fun.



Conservation

Karen Noland & Sally Rodgers

I have often referred to the website for SWALCO.org or the Solid Waste Agency of Lake County. It is an excellent place to find out what can be disposed of or recycled and where. Our speaker at the January meeting was their Recycling Coordinator, Peter Adrian. He is always available to answer your questions at 847-336-9340.



SWALCO has recently partnered with the Antioch Parks and Recreation Dept. on a program to collect shoes and materials at 806 Holbek Drive, across the street from Antioch Senior Center. All shoes (except roller blades and ice skates) and new, gently used, unwanted or worn clothing and textiles will be accepted. Even old socks and undies or stained and torn material can be used. The EPA estimates that the average person throws away 70 pounds of clothing each year, which amounts to 5 to 10% of all waste in landfills. 95% of these shoes and materials will be distributed to the needy worldwide or recycled / repurposed.

Electronics recycling drop-off locations will now be at Grant Township, 26535 Molidor Road, Ingleside; Grayslake Public Works, 585 Berry Avenue, Grayslake; Cuba Township, 28070 W. Cuba Road, Barrington; Highland Park Recycling Center, 1180 Half Day Road, Highland Park. See the SWALCO.org website or ask me if you need further information on this.

Please continue to bring me your #6 Styrofoam, wine corks, printer ink / toner cartridges, pop can tabs and old material. Keeping these all out of our landfills makes a big difference.

Hope you all are staying safe and warm this winter. Don't forget to feed our beautiful birds that stay over in this cold weather too.

Domestic Violence

Nancy Morici

Andrea Macek



Thank you, Ladies, for your generosity in the December toy and gift collection. We donated \$1817.00 in toys, \$270.00 in cash and \$510.00 in gift cards. You are all wonderful.



Please mark you calendars, as we will be collecting clothes again in April. If you prefer to drop them at St Ignatius at your convenience, please just give me a listing of your donation. Thanks for all you do.



Home Life and Health

Gina Collins

Gratitude

I recently started a dreambook. This is a book that looks at the key areas of your life and asks you to evaluate your life in the areas of emotional well-being, social well-being, personality, health and career. You look at each section and write down how it looks today and what you would like to see in 3 years, 10 years and your lifetime. It takes some time and clarifies things for you and the direction you are going.

So, as I am evaluating all those things and looking at my life through all these various filters, I have come across the one thing they all speak to me about -- being grateful. So, being me, I Googled it! I went through research studies, blogs (religious and otherwise), and articles -- so many articles! -- and I found it is amazing what a little gratitude can do for us! Here is my synopsis:

Gratitude makes us happier! For as little as 5 minutes a day, writing down a few things you are grateful for can increase your long-term well-being because it improves your emotional well-being, your health, your relationships, your personality and your career.

It improves our emotional well-being by creating more good feelings, relaxing us, making us more resilient and less envious, and boosting happier memories.

Gratitude can improve our social well-being by making us more social and kinder to others, developing more friendships, developing deeper relationships and even leading to a healthier marriage.

It benefits our health by improving our sleep, increasing our energy, prolonging our longevity, and getting us to exercise more.

Our personalities get a tweak when we become less materialistic, less self-centered, more optimistic, more spiritual and have more self-esteem,

Our careers are better with gratitude because we are better at management, networking, decision-making, productivity and goal achievement.

Gratitude doesn't solve all of life's struggles, but it is highly underrated and underutilized to improve our satisfaction with life and increase our happiness. I am so grateful to be a part of such a wonderful, giving, kind group of women -- you improve my life and those lives you touch each and every day. Thank you!

Card Ambassador

Norma Lucansky



Thank you to all of the ladies who have informed me of our many members experiencing illness, deaths, special birthdays and/or needing our tender loving care. I know that our members appreciate your thoughtfulness. Please continue to keep me informed and after

receiving the information, I will send you a confirmation of your request. I would prefer receiving an email: neluc@basta05.com; however, you can also tell me in person or call me at 847-395-7666.

Donations of extra cards that you may like to donate to this chairmanship are always welcomed.

Thank you for your support and a very Happy Healthy New Year to all of you.



Book Club

*Mary Kay MacNeill
Barb Mitzel*



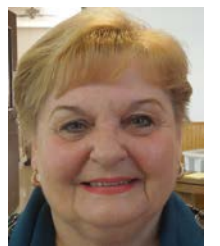
3rd Thursday of the month
at Senior Center, Back room, at
1:00 PM

February 23RD

March 23RD

April 27TH

No special reading requirements. Come and tell us about your current book, any genre. Sign up at meeting/lunches to receive reminders.



Bridge

Susie Lancaster

We play bridge on Thursdays at 9:30 AM at the Antioch Senior Center. We always welcome all AWC members who enjoy playing bridge. Please come join us!

During the four months of Oct 6-Jan 5, AWC members played 1674 hands of bridge at our Thursday morning sessions. The Top Three (those who attended at least 5 times) are: Elfride Hansen (2428 average), Betty Schneider (2329 average) and Kay Blake (2257 average).



Hostesses

Barb Mitzel

It's that time of year again when we need to start signing up for the 2017/2018 lunch schedules. If there is a month that you prefer to serve in, now is the time to guarantee that month. We have taken an oath to serve at lunches once a year, and we need every active member to participate. Please check your schedules and sign up either at the meetings or you can contact me directly either by phone, 847-395-0385, or email, barbaramitzel@comcast.net. It couldn't be easier...Thank you for your service!

February

Head hostesses

Lillian Messner
Donna McKeown

Hostesses:

Susie Lancaster
Pat Harris
Elfriede Hansen
Anita Dyer
Sandra Rebechini
Nancy Yukl
Gaye Walthers
Norma Lucansky

March

Head hostesses

Mary Nolan
Claudie Smith

Hostesses:

Ruth Macier
Barbara Berry
Nancy Andretich
Mary Ann Lhotka
Barbara Ocwieja
Mary Beth Walsh
Susan Knudson
Michelle Meucci
Jeannine Leonhart
Alvera Morgan
Sharon Oldenburger

April

Head hostesses

Patsy Foley
Eunice Rawson

Hostesses:

Sally Rogers
Carol Janousek
Joan Murphy
Barb Moore
Karen Erb
Ellie Hansen
Carol McMullen
Margaret Cole
Carol Beattie
Jane Larson
Bonnie Bakutis
Erika Rehberger

May

Head hostesses

Barbara Mitzel
Nancy Zitkus

Hostesses:

Jean Johnson
Sheila Eisen
Karen Wehrheim
Betty Chornoby
Lois Warner
Carolyn Van Patten
Mary Ware
Lee Anderson
Lynne Fletcher
Karen Batterman

A Note from our Parliamentarian Advisor

Nancy Zitkus

Whose job is it?

This is a story about four people named Everybody, Somebody, Anybody and Nobody. There was an important job to be done, and Everybody was asked to do it. Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody's job. Everybody thought that Anybody could do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

This came from a Leadership Training Workshop given by Jackie Pierce, GFWC IL Parliamentarian.

LEGISLATION & PUBLIC POLICY

Anita Dyer

Elections are an integral component of a working democracy. Traditionally, elections that do not include a presidential contest experience extremely low voter turnout. Lake County voter turnout for the November 2016 election was just over 71%, while turnout in the last consolidated election of April 2015 was just over 11%. Working to improve the communities we live in continues to be a top priority for both residents and elected officials. Local elected officials are leaders and decision makers in our communities, therefore, the impact they make on our communities can be significant. Elevate your voice to help shape the direction of our local communities by voting for candidates that support your views. Please exercise your right to participate, research the candidates and issues on your ballot, and **VOTE** to make a difference.

ELECTION JUDGES are needed. They are responsible for administering the proper and lawful conduct of all elections. Join the Lake County election judge team and be the proud face of democracy in action. You will thank yourself – so will your community. Call 847.377.2408 for more information.

April 4, 2017 Consolidated Election

Lake County voters will elect municipal, township, library district, school board, fire protection district, and park district officials in the April election. Important dates to know:

March 7, 2017: Last day for voter registration with a deputy registrar. Grace period registration is available at the Lake County Clerk's office.

March 10, 2017: Voting by mail and early voting begins at the County Clerk's office. Any registered voter in Lake County may choose to vote by mail. Voters can submit an online request for a ballot or mail an application for a ballot prior to Election Day. Voters may also enroll in one of the programs offering the mailing of an application for a ballot to a specified address for the elections selected. Voters who reside in Lake County but spend part of the year outside of the county (usually winters) may enroll in our Snowbird Program. During the periods requested, an application for ballot will be mailed to the alternate mailing address designated by the voter. For more information or to request the required application:

Online: Logon to LakeVoterPower.info
Call: 847.377.2406
Email: VotingbyMail@LakeCountyIl.Gov

March 20, 2017: Early voting begins at Antioch Township - 1625 Deep Lake Road, Lake Villa, IL 60046

Monday – Friday: 9 a.m. to 5 p.m.
Saturday: 9 a.m. to 2 p.m.

April 1, 2017: Last day for early voting at Antioch Township

April 3, 2017: Last day for early voting at state mandated sites

April 4, 2017: **ELECTION DAY**

Voting sites are open from 6 a.m. to 7 p.m.
To find assigned voting site, logon to LakeVoterPower.info



Welcome to Federation Friday

January 13, 2017

Happy New Year!

There were some interesting things going on during the 1921-1923 administration of Mrs. Edward S Bailey. GFWC established six departments, so GFWC Illinois went from their 11 groups to six. These were: Americanization; Legislation; Applied Education; Press and Publicity; Fine Arts and Public Welfare.

The Illinois Federation incorporated under the laws of the State of Illinois in January 1922.

Special effort was given to establishing the Junior Membership at this time.

Clubs were reported to have gone from 166 to 589!

This administration was the first that had a designated Executive Committee. At the time, it consisted of the President and seven other members of the Board.

The Field Museum in Chicago was in disrepair and the ladies of the 2nd District raised \$7,000 and were able to replace one corner of the building. Member Mrs. Albion Headburg of Chicago was “indefatigable in her efforts, not only in helping to raise this amount, but in agitating sentiment for subsequent bond issues designed for complete restoration.” The name of her committee was “Restoration of the Columbian Art Building.”

The Convention in 1922 was held at the Old State Capitol Building in Springfield and Illinois First Lady Mrs. Small and her daughter Mrs. English received delegates and guests one afternoon at the Governor’s Mansion.

For those of us who have complained of our food, being too cold or unable to hear at a meeting – the 1923 Convention was held at Aryan Grotto in Chicago, apparently to interest clubwomen in its restoration. Food was cooked and brought over in large metal containers from the Chicago Beach Hotel, the building was unheated and the acoustics were not conducive. As it was unseasonably chilly at the time, no doubt, the need for restoration was clear!

Taken from: “The History of the Illinois Federation of Women’s Clubs 1894-1954” compiled by Maude Palmer

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AWC Shenanigans



*Thanks to Carson's Furniture Gallery in Vernon Hills
for printing our newsletter.*



GFWC Illinois Antioch Woman's Club
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