



# Potpourri

## GFWC Illinois Antioch Woman's Club Newsletter August 2016

*Antioch Woman's Club is proud to be part of the General Federation of Women's Clubs, which is one of the world's largest and oldest volunteer community service organizations with more than 100,000 members worldwide. Founded in 1890, the G.F.W.C. is headquartered in Washington, D.C.*

### Club Officers

Lynne Fletcher, President  
Candy Luzar, President-Elect  
Mary Kay McNeill, Vice President  
Lois Warner, Recording Secretary  
Audrey Lyle, Corr. Secretary  
Carolyn Van Patten, Treasurer  
Nancy Zitkus, Parliamentary Advisor

Jane Fraser, Newsletter Editor  
Cindy Erexson, Website Administrator

For information about **membership**,  
Contact....

Karen Batterman  
847-838-2115  
karenbatterman@gmail.com

Or write to.....

Antioch Woman's Club  
PO Box 282  
Antioch IL 60002Re

Website:

**GFWCantiochwomansclub.com**



## Upcoming Events

- |              |  |
|--------------|--|
| August 8     | Board Meeting 10 AM at Meeting House   |
| August 10    | Ice Cream Social/Bingo<br>at Antioch Golf Club 1:00 \$12   |
| September 12 | Board Meeting 10 AM at Meeting House   |
| September 14 | Fall Luncheon Glen Flora CC<br>"Socks for the Soul" for Open Arms<br>Paper goods/ gift cards for Safe Place<br>Fall Clean-up (9/24 rain date)  |
| September 17 | Quilting 9 AM at Meeting House   |
| September 26 | 10 <sup>th</sup> District Opening Lunch  |
| September 28 | 10 AM registration at White Deer Run<br>Golf Club in Vernon Hills  |
| October 6    | Bridge resumes at 9:30 at Senior Center  |
| October 10   | Board Meeting 10 AM at Meeting House   |
| October 12   | General Meeting 11:30<br>Program: Dave's Magic<br>Collection for Save-a-Pet<br>Collection for Support Our Troops   |
| October 26   | 10 <sup>th</sup> District Luncheon<br>10 AM registration at Dover Straits in<br>Mundelein<br>Board Meeting 10 AM at Meeting House<br>General Meeting 11:30<br>Program: Mike Nerheim, Lake County<br>States Attorney<br>Collection for Safe Place: clothing<br>Collection for Veterans: Cash<br>Collection for Support Our Troops |
| November 7   | 10 <sup>th</sup> District Luncheon   |
| November 9   | 10 AM registration at Arboretum Club in<br>Buffalo Grove   |
| November 30  |  |

The GFWC Illinois Antioch **Woman's Club** meets on  
the **second Wednesday** of every month from Sept-May  
at **11:30 AM** at the

Faith Evangelical Lutheran Church  
24300 W. Grass Lake Rd. Antioch, IL. 60002  
847-395-1660

June-July-August TBA



## President's Corner

*Lynne Fletcher*

LIVE every moment,  
LAUGH every day,  
LOVE beyond words!

By living every moment, we invent our future.  
By laughing every day, we never take ourselves too seriously.

By loving beyond words, we help those that are less fortunate, and we deepen our connections to each other. Volunteers are love in motion.

We have a vibrant club that just keeps getting better and better because of each and every one of you.

One more friend. If each of us encourages one friend to join us, our club will swell and we'll meet many new friends! For every event that you bring a friend, you will receive a raffle ticket for the raffle prize at the holiday luncheon in December. Your friend does not need to join our club for you to receive a raffle ticket, but we would like you to bring potential new members. One more friend.

Thank you!



## Past President's Note

*Jean Johnson*

This has been a wonderful 2 years of my life. Thank you for giving me the opportunity to be your president. I have made sooo many new friends and realized that some of our paths had crossed many years ago!

With the supportive team that I had, we made some pretty dramatic changes, which I think you have enjoyed. We have become the largest club in the state and have received many state and district awards. I applaud you all for that.

I began my administration talking about the past, present and future, and so I will end with this:

The PAST brought us to where we are.  
The PRESENT depends on the past.  
The FUTURE depends on the present.

And so, Lynne, the future is yours! Good luck and God bless! Please support her as you have supported me.



**Meet your 2016-17 Officers and Committee Chairs!**



## Membership/ Mentoring Program

*Karen Batterman*

We have a wonderful Club. Help spread the word! Think of the many women you know in your various circles. Would any of them enjoy the Antioch Woman's Club? Invite them to a meeting to experience who we are, what we do, and the great energy we have. Let's build our membership and share the joy of being part of a vibrant Club.

## Coupons

*Sigrid Brueggemann*



Please continue to save and sort coupons for our military families. Remember that the military families can use coupons that are expired up to 2 months. We still sort the coupons into 5 categories: Food, Household, Health and Beauty, Kids, and Pets. Please count them, put your name and hours worked on a piece of paper, and drop them off in the envelope on the events table at our next meeting. Thank you.



## Public Issues

*Sheila Eisen  
Maria Schwartz*

This September we will again be asking for donations of socks for the "Socks for the Soul" Program. These socks are passed out at Open Arms Mission on the distribution evenings and are so very much appreciated.



Speaking of Open Arms, Maralyn (the distribution manager) is looking for a volunteer to help pack boxes for home distribution on

Thursday mornings from 8 am until about 11. If you are interested in finding out more about this program, you can call Maralyn at 847-395-0309 or talk to either one of us.



## International Outreach

*Mary Ware  
Lee Anderson*

Our quilting meetings will be held the 4th Monday of the month at the Meeting House in Antioch from 9AM to noon. Our first meeting will be Monday, Sept. 26.



The Birthday Box money enabled us to buy 1 goat, 1 trio of rabbits, 1 flock of chicks, 1 duck, and 1 goose for Heifer International. We also shipped 77 quilts, 50 children's gowns, and 200 small stuffed animals. Many thanks to all who donated money or lent a hand to these causes.

In October we will be collecting towels, baby food, and kitty litter, as well as dog and cat food and treats. This will all be brought to Save A Pet on Fairfield Road in Grayslake.

### Community Safety --

If you haven't yet heard about the Pokemon craze, I'm sure your grandchildren have! People use their phones to locate Pokemons that are spread all over the world. The danger with this game is that the person using their phone gets so involved in getting closer and closer to the hidden Pokemon that he (or she) isn't paying attention to the surroundings. There are reports of people walking into traffic or other unsafe areas. This could be a good conversation starter with some young people you may know.



## Support Our Troops

*Karen Potter*

Please bring items for our troops overseas and bring them to our meetings in **October, November, January, and April**. Our troops can use most everything we use in everyday life but in smaller size: toiletries, candy, packaged drinks, small packages of cookies, crackers, munchies-- you get the idea. Please remember the female troops and the items that they can use: tampons, deodorants, and powders. We thank you for your generous donations as they are very much appreciated.



## Conservation

*Karen Noland  
Sally Rodgers*

Hope all of you ladies are enjoying your summer and are recycling as always.



Our spring Adopt-A-Highway cleanup was a huge success and went faster than ever. Thanks to Sally Rodgers, Karen Batterman, Peggy Kellen, Carol Beattie, Andrea Macek, Carolyn Crabtree, Betty Chornoby, Nancy Yukl, Tracy Webb, Pat Carter, Anita Dyer,

Lynne Fletcher, Judy Grubich and Mary Kay McNeill, we started at 9AM and were finished by 10:10AM! Also along to help us were Debbie Porter, Patti Rische, Carolyn Barry and Amy Henning of the Junior Woman's Club. Once again our weather was great and many extra hands really made a difference.

Please mark your calendars for our fall cleanup, which will be on Saturday, September 17th. Also, Sally Rodgers was nice enough to take pictures of us all in our lovely vests, and she made extra copies. I will have them at the next meeting so please help yourself.

We are still collecting printer ink and toner cartridges, and Karen Batterman has put our collection box at the Antioch Senior Center in order to hopefully get more. Thanks, Karen, for such a good idea and taking this collection over for me! And thanks to Sally Rodgers for collecting pop can tabs for Ronald McDonald House in Milwaukee. I will continue to take your wine corks, used old material, and #6 Styrofoam in order to keep these from going into the landfills.

With the dry weather we have been having lately, it would be a great time to get a rain barrel. I have one under my downspout, which was filled during just one rainstorm. It's amazing how much water just runs off into the yard. Each of us can make a difference saving our natural resources in small ways.



## Education Committee

*Maureen Fremgen*

AWC has done an excellent job this last year under the guidance of Mary Kay McNeill and Sheila Eisen. These ladies have worked hard and put in many hours

at their job. Thank you.

In order to continue our education endeavors, AWC will need volunteers for the committees that work with: Scholarship; Reading at Petty School; and, if wanted, the continuation of our Book Club. If there are any more ideas that anyone might have for this Education function of our club, please let me know. I will be taking names at the meetings. Reading at Petty school will begin in October. If you would like to volunteer for any or all of these above items, please contact me.



## Home Life and Health

*Gina Collins*

### *5 Top Advantages to drinking more WATER*

1. Balances your lymph system. These glands help you perform your daily functions, balance your body fluids and fight infections.
2. Creates glowing skin. Water helps you to purge toxins from your blood, which helps keep your skin glowing and clear.
3. Helps with weight loss and maintenance. Drinking at least 16 ounces of chilled water can boost your metabolism by 24% when consumed in the morning.
4. Increases the production of new blood and muscle cells. Water makes up 83% of your blood.
5. Drinking water on an empty stomach purifies the colon, making it easier to absorb nutrients.





## Domestic Violence

*Nancy Morici  
Andrea Macek*

We will be collecting paper products (toilet paper, paper towels, paper plates, tissues, napkins) for A Safe Place in September. They depend upon the generosity of the community for many of their operational needs as well as personal items for their clients.

They are also very thankful to receive gift cards to purchase these items since they do not have a lot of storage space. Gift cards are easier to haul too. Even a \$5 gift card will be much appreciated.

Also, A Safe Place is always looking for old cell phones and chargers.

## Card Ambassador

*Norma Lucansky*

I am your new Card Ambassador. My responsibility is to send out cards expressing sympathy, condolences, get well wishes, etc. to club members who have lost a love one, had surgery, required hospitalization for an illness, are suffering an illness at home, or just need a little tender loving care due to a difficult time they are having in their lives.

Because of the size of our membership, I have to depend on all of you to keep me informed when a member should be sent a card and for what reason. After receiving the information and sending a card, I will let you know.

I would prefer receiving an email: [neluc@basta05.com](mailto:neluc@basta05.com). You can also tell me in person or call me at 847-395-7666. I will also take donations of extra cards you may like to donate to this endeavor. Thank you for your support.



## PR/Communications

*Cindy Erexson*

Hello Ladies! I hope everyone has been receiving their email reminders throughout the summer and finding them useful. I want to continue to improve our communication this year, so please look for a few new additions to your AWC emails in the near future.

I will still include all the information you need in emails, but will also be adding a link that will take you directly to our website – [www.gfwcantiochwomansclub.com](http://www.gfwcantiochwomansclub.com) for further information. Please take time this year to visit our website and let me know if you have any suggestions for things you would like to see or how I can help make it more user friendly. I hope to have the site updated soon after this newsletter is released.

Upcoming emails may ask you to RSVP for meetings, luncheons and other special events throughout the calendar year to help us get a more accurate headcount for who will be attending. Our hostess committees will be better able to plan our monthly meeting lunches and our social chairs, Betty and Karen, will be able to get an idea of how many checks they will be receiving in the mail to reserve your seat at AWC special luncheons. Please respond either YES or NO to all events and reply to "AWC".

If you take any pictures this year at any of our events, please send to Cindy @ [cgerexson02@comcast.net](mailto:cgerexson02@comcast.net) and I will post them on our website and on our Facebook page. Please visit Facebook and "LIKE" our page.

As always, if you know someone in our club that doesn't have email, make sure to give them a call and return their RSVP with yours.



## Hostesses

*Barb Mitzel*

The Board has separated the Social Committee from the Hostess Committee, and I have happily agreed to take on the Hostess Committee duties. I hope to serve you well.

I just want to thank all the members who signed up for their hostess duties in a timely fashion, and a special thank you to the Co-Head Hostess volunteers. The club officers took a survey to determine our opinions about the luncheons, and the membership overwhelmingly voted to continue them. So we will do so, but keep in mind we need everyone to pitch in. It is never too early to sign up for your hostess responsibilities.

The Co-Head Hostess responsibilities involve just a bit more than those of the rest of the ladies. They are issued a list for the month with their contact information. They need to contact their hostesses and coordinate what each one wants to bring for the luncheon, i.e., savory / sweet salad / dessert. They also organize the decorations for the lunch and dessert table. The decorations can be as simple as a small vase with a couple of silk flowers or some holiday decoration that most of us have in our closets. There is always help out there for ideas.

Everyone for the month is required to arrive early to set up and stay later to clean up. The Club supplies the tablecloths and amenities for coffee and tea.

I know I enjoy the luncheons and have always been pleased with the food selections, desserts and decorations. I look forward to another year of social activities with everyone.



### September

**Head hostess**  
Barb Mitzel

**Hostesses:**

Mary Kay McNeill  
Maria Schwartz  
Gina Collins  
Maureen Fremgen  
Nancy Morici  
Audrey Lyle  
Cindy Erexson  
Candy Luzar  
Lynne Fletcher  
Karen Noland

### October

**Head hostesses**  
Jane Fraser  
Karen Floeter

**Hostesses:**

Anna Stornello  
Lu Belli  
Pat Bolender  
Karen Schnur  
Carol Becker  
Linda Valentino  
Marlene Fernandez  
Ida Krozel  
Joan Foss  
Piera Garafalo  
Phyllis Dulski  
Peggy Kellen

### November

**Head hostesses**  
Andrea Macek  
Heather Menzer

**Hostesses:**

Pat Pasiewicz  
Lorraine Oren  
Dianne Suskin  
Kay Blake  
Judy McKillip  
Jackie Volkmar  
Joanne Dugenske  
Sigrid Brueggemann  
Beverly Amburgey  
Judy Grubich  
Mary Clarke  
Judy Schieck



## Social Committee

*Betty Chornoby*  
*Karen Wehrheim*

Please check the flyer in this newsletter regarding our Fall Luncheon at Glen Flora Country Club on September 14!



## Fundraising

*Jean Johnson  
Peggy Kellen*

It is with great excitement that I announce the profit from our Charity Dinner/Golf Outing: **\$7012**. A special thank you to Peggy Kellen who sent 300 letters, followed up and secured donations from businesses for the silent auction as well as writing thank you notes to each contributor!!

A big thank you to all of you who supported the event either through donations or participation (55 golfers and 115 diners). Because of 23 hole sponsors, 56 business donations, 8 personal donations, a quilt raffle (assembled by Carolyn VanPatten, Nancy Zitkus, Jean Johnson and Barb Mitzel – quilted by Karen Floeter) and a flat screen TV donated by Maureen and Tom Fremgen, Jean and Gil Johnson, Lynne and Bob Fletcher, we were able to raise the amount that we did. Needless to say – this was a big success – so, put June 16, 2017 on your calendars for the Second Annual Dinner/Golf Event!!!

We are thinking of something different for the Christmas luncheon this year. We'd like to make it more about the membership enjoying their holiday together and less about all of you first contributing then purchasing at the fundraiser. Don't get us wrong: this is still a fundraiser! We will continue the "wine and dine" bags, bake sale, and jewelry table. We will also have special items donated for raffle and auction. We just want you to attend and enjoy (buying is enjoyable!). More information to follow - this is only August.

Thank you, everyone, for your generous support! It is our endeavor to help those less fortunate in whatever way we can.



## Bridge

*Susie Lancaster*

Hope that everyone enjoyed their summer activities. We will resume our fall bridge playing on Thursday, October 6th at 9:30 AM. We meet at the Antioch Senior Center every Thursday morning, and we always welcome all AWC members who enjoy playing bridge!! Please come and join us!!

The 2015-16 bridge season was well attended. Twenty-two women played a total of 276 "women weeks" of bridge, or nearly 5000 hands of bridge. Top spot goes to Marilyn Bies with an average of 2728. Marilyn also had the highest weekly score for 18 hands of bridge – 4220 points! Betty Schneider and Kay Blake came in 2<sup>nd</sup> and 3<sup>rd</sup> with averages of 2215 and 2210 respectively.



*Our Spring cleanup crew for our Adopt-a-Highway Program. They finished the job in record time!*

*Antioch Woman's Club  
Fall Luncheon  
September 14<sup>th</sup>, 2016*



Cocktails 11:00, Lunch 12:00

Glen Flora Country Club  
2200 N. Sheridan Rd, Waukegan, IL 60087  
1 (847) 644-6300

Price: \$25.00

*Mixed Green Salad with Balsamic Vinaigrette  
Chicken Picatta with Caper Butter Sauce  
Blended Rice Pilaf  
Green Beans & Carrots*

*Ice Cream Sundae with Strawberry Sauce*

*Rolls & Butter  
Coffee & Tea*

Checks Payable to **Antioch Women's Club** & sent to  
Karen Wehrheim, 25014 W. Nicklaus Way, Antioch, IL 60002

**RESERVATIONS MUST BE MADE BY September 7**

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**MEMBER NAME** \_\_\_\_\_

**NAME AND NUMBER OF GUESTS**

_____	_____
_____	_____
_____	_____

# Summer Fun with the Antioch Woman's Club

Thank You Luncheon at Lehmann Mansion....



Fourth of July Parade....



Summer Picnic....



## Proposed Budget for 2016-17

ESTIMATED INCOME - OPERATING			ESTIMATED INCOME - DONATIONS		
2016-2017 Dues	\$	5,642.00	Fund Raising	\$	12,000.00
From 50/50 Raffles	\$	1,500.00	Jackie Vos Scholarship		\$1,000.00
			Laura Walker Scholarship		\$820.00
<b>Total</b>		<b>\$ 7,142.00</b>	<b>Total</b>		<b>\$ 13,820.00</b>
ESTIMATED OPERATING EXPENSES			ESTIMATED DONATIONS		
Convention	\$	1,200.00	<b>Art</b>		\$ 1,200.00
Insurance	\$	320.00	<b>Conservation</b>		
Memorials	\$	150.00	Kind News	\$	230.00
New Member Expenses	\$	100.00	Shawnee Forest		\$100.00
P.O. Box Rental	\$	70.00	<b>Education</b>		
Printing, Postage, Newsletter	\$	700.00	Lille Petty Scholarship-CLC	\$	1,000.00
Programs	\$	700.00	Northern IL Leadership Sem	\$	500.00
Sec. of State Annual Report	\$	10.00	Outstanding Student Plaques	\$	130.00
State & District Fees	\$	2,542.00	Scholarships	\$	3,000.00
Church Expense-Meeting Place	\$	400.00	Vocational Scholarship	\$	850.00
Chamber of Commerce Dues	\$	50.00	Jackie Vos Scholarship	\$	1,000.00
Social	\$	200.00	Laura Walker Scholarship	\$	820.00
Public Relations	\$	50.00	<b>GPWC-IL</b>		
Misc. Expense	\$	650.00	USD of Illinois	\$	100.00
			Canine Companions	\$	135.00
			Camp I Am Me-Bum Camp	\$	100.00
			St. Junes Childrens Hospital	\$	130.00
			GPWC-IL State Project		
			Child Abuse		\$100.00
			GPWC-IL 10th District		
			Fund Raising	\$	50.00
			GPWC-IL Fashion Show	\$	25.00
			GPWC-IL State Convention	\$	25.00
			<b>LOCAL DONATIONS</b>		
			Open Arms Mission	\$	500.00
			A Safe Place	\$	500.00
			Antioch Senior Center	\$	400.00
			Little Miss Antioch	\$	200.00
			<b>Home Life/Health</b>		
			Community Telecare	\$	100.00
			Winchester House	\$	100.00
			<b>International Outreach</b>		
			Expenses	\$	800.00
			Lakes Region Historical Society/meeting place	\$	500.00
<b>Total</b>		<b>\$ 7,142.00</b>	<b>Public Issues</b>		
			Veterans	\$	1,000.00
			American Indian Center	\$	100.00
			Expenses	\$	125.00
			<b>Total</b>		<b>\$ 13,820.00</b>

The following are the proposed donations totaling \$1,000 by the members who attended the excess funds meeting on Monday, July 25, 2016

**Excess Funds Meeting, 7-25-16:**

Antioch Firefighters Assn.	\$125.00
Antioch Fine Arts	\$125.00
Save a Pet	\$125.00
Festival Arts of Antioch	\$125.00
St. Junes Hospital	\$125.00
One Hope United	\$125.00
VFW Ladies Auxilliary, Post 4551, for Postage	\$125.00
Sew Much Comfort	\$125.00
	<b>\$1,000.00</b>

*Thanks to Carson's Furniture Gallery in Vernon Hills  
for printing our newsletter.*



GFWC Illinois Antioch Woman's Club  
P.O. Box 282  
Antioch, IL 60002

